

Children are Surprised by Grace Too!

*(Our spirit is shown God's
beauty and love)*



**Rideau Park United
Church
Summer Project 2005
for
Individuals and Families**

Take a notebook and write in it those special moments when you see or feel joy, see or feel God.

Write down a family time when you feel a strong loving connection to your mom or dad, sister or brother, friend or neighbour.

If you're playing with your pet, what is it that you love so much about them?

If you're unhappy, how does God speak to you to help you feel better?

Look for beauty in flowers, trees, lake or ocean waters, and nature all around you. Write about how you feel when you see the sun shining through the clouds or wake up to the bird songs in the morning.

Do you listen to music? How does it make you feel? Do you want to dance or sing?

God speaks
to us through:

nature
prayer
people
books
moments
pain
joy
life
creativity
inspiration
...and more...

A Prayer

Dear God,

I see beauty and love around me, but don't always recognize that you are the one who provides it. Help me to know that you are wherever I am, and you are ready to show me your love in every moment. Thank you for being my friend and partner in this life adventure.

Amen.