



# Rideau Park United Church

[www.rideaupark.ca](http://www.rideaupark.ca)

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613-733-3156

## Lent III

**Sunday, March 8, 2026, at 10:00am**

Rev. Jim Baldwin

Iain Macpherson, Music Ministry Coordinator   Geoff Scollick, Custodian  
James Seyler, Interim Organist                      Kiersten Robison, Administrator

*Please note:*

**Audio loops** are available from the ushers.

**Prayer requests** for today's service can be noted on the lists at the entrances.

**Sunday School: Primary** (grades 1-3) Kindergarten room; **Junior** (grades 4-6) Beecroft Balcony; **Senior** (grades 7 and up) Parlour.

**Childcare for preschoolers:** room B13, located in lower hallway. Quiet activity boxes are available for children in the chapel.

*Rideau Park is an Affirming Congregation in the United Church of Canada. All are invited to participate fully, with mutual respect, in the life and work of the church, including those of diverse ages, abilities, gender identities and sexual orientations, races, ethnicities, religions, and economic backgrounds.*

*We acknowledge, with respect, the history, spirituality, and culture of the indigenous peoples of Canada, and their stewardship of the unceded Algonquin land where this church is built.*

2203 Alta Vista Dr., Ottawa, ON K1H 7L9

## Gathering Music

### Welcome and Land Acknowledgement

### Candle Lighting

**Music:** Down to the River to Pray C. Harris, A. Sperry

**Call to Worship:** *(inspired by Psalm 27)*

God is our light and our salvation,

**whom shall I fear?**

God is the stronghold of my life,

**Of whom shall I be afraid?**

Day after day, I seek God's face  
and the assurance of God's holy love.

**One thing I have asked of God, for which I long:  
that I may dwell in God's house all the days of my life.**

For in the time of trouble you will give me shelter,  
you will hide me under the cover of your tent,  
you will set me high upon a rock.

**Hear my voice, O God,  
when I call, have mercy and answer me.**

You speak in my heart and say, "Seek my face."

**Your face, O God, I will seek.**

Do not forsake me, O God of my salvation.

**Do not forsake me, O God of my salvation.**

**Opening Prayer:** *(inspired by Psalm 92, Psalm 9, Psalm 19:14)*

**Holy, Creating, Creative God,**

**We sing from the depths of our sorrow.**

**We sing from the abundance of our joy.**

**We sing in voices separate and unique.**

**We sing with one voice as your body.**

**May the words of our mouths,  
whether in speech or song,  
and the meditations of our hearts,  
whether in prose or poetry,  
be pleasing in your sight. Amen.**

**\*Hymn:** I Am Walking a Path of Peace

**I am walking a path of peace, I am walking a path of peace,  
I am walking a path of peace, lead me home, lead me home.**

MV 221

(I am walking a path of grace...)

(I am walking a path of love...)

## Theme Presentation

**Scripture Reading:**

Exodus 17:1-7

Joanne Rodgers

**Message:**

Living Water

### Prayer:

Around the well of your grace, O God,  
are those who thirst for friendship and love;

**Help us to offer them**

**the living water of community and connectedness;**

Around the well of your life, O God,  
are those who thirst for joy and safety;

**Help us to offer them**

**the living water of playfulness and protection;**

Around the well of your mercy, O God,  
are those who thirst for wholeness and peace;

**Help us to offer them**

**the living water of comfort, healing and welcome;**

Around the well of your presence, O God,  
are those who thirst for meaning and connection;

**Help us to offer them**

**the living water of service and worship;**

May the life we have found in you,  
be the gift we share

**with all who hunger and thirst,**

**with all who are outcast and rejected,**

**with all who have too little or too much,**

**with all who are wounded or ashamed,**

**and, through us, may this corner of the world overflow  
with you living water.**

**In Jesus' Name. Amen.**

**\*Hymn:**

If You Will Trust in God to Guide You

VU 286

**Prayers of Thanksgiving and Concern**

**The Lord's Prayer**

**Music:** Come Sing Unto the Lord C. Harris, A. Sperry,  
*Purcell arr. Schweizer* D. Claxton-Taylor

## Offering

**\*Doxology:** Grant Us, God, the Grace VU 540  
Grant us God the grace of giving  
with a spirit large and free.  
that ourselves and all our living  
we may offer faithfully.

## Offering Prayer

### The Life and Work of the Church

**\*Hymn:** Throughout These Lenten Days and Nights VU 108

**\*Commissioning and Benediction:** *(a Gaelic blessing)*  
**Deep peace of the running wave to you,**  
**Deep peace of the flowing air to you,**  
**Deep peace of the quiet earth to you,**  
**Deep peace of the shining stars to you,**  
**Deep peace of the gentle night to you,**  
**Moon and stars pour their healing light on you.**  
**Deep peace to you.**

**\*Sung Response:** The Lord Bless Thee, and Keep Thee VU 965

## Postlude

## Upcoming Services and Events

<https://www.rideaupark.ca/news-events/calendar-of-events/>

Tues, Mar 10	Lenten Program: Whole body prayer	7:00pm
Sat, Mar 14	Jazz Night with Brian An National Affirming Day / P.I.E Day	7:30pm
Sun, Mar 15	Guest Speaker: Sharon Sanderson Soup Lunch (UCW) & PIE (SAOC)	10:00am 11:15am
Tues, Mar 17	Lenten Program: Praying with others	7:00pm
Sat, Mar 21	International Day for the Elimination of Racial Discrimination	
Sun, Mar 22	UCW Bakesale – Unit 7	11:15am