



## Rideau Park United Church

Telephone: 613-733-3156

Email: [info@rideaupark.ca](mailto:info@rideaupark.ca)

Website: [www.rideaupark.ca](http://www.rideaupark.ca)

**Sunday Worship: 10am**

**Sunday School: 10am**

**Coffee Hour: 11am**

## OUR MINISTRY TEAM

### Minister

Rev. Jim Baldwin

[jbaldwin@rideaupark.ca](mailto:jbaldwin@rideaupark.ca)

### Organist

Andrew Ager

[organist@rideaupark.ca](mailto:organist@rideaupark.ca)

Ext. 223

### Music Ministry Coordinator

Iain Macpherson

[choirdirector@rideaupark.ca](mailto:choirdirector@rideaupark.ca)

Ext. 226

### Church Administrator

Kiersten Robison

[administrator@rideaupark.ca](mailto:administrator@rideaupark.ca)

Ext. 229

### Custodian

Geoff Scollick

[custodian@rideaupark.ca](mailto:custodian@rideaupark.ca)

## Minister's Message

So here we are, on the brink of another church year. Last year at this time, I was brought in to provide a sense of stability, as RPUC said goodbye to Reverends Steve and Elizabeth, and started a process of discernment with Reverend Steve Moore. It was a big learning curve for me, to understand how a church like RPUC works, and it has been a time of deep introspection for a church that was suddenly faced with such a profound change in leadership.

Words like "grief" and "fear" were heard quite a lot during those first few weeks, but in no time at all, this congregation was doing what it does the best; coming together to face a challenge with determination, faith and grace.

*faith*

The Transition Team was quickly made up of volunteers, both long-time and new to the congregation. Heritage Sunday saw Beecroft Hall overflowing with a congregation that wanted to be involved. Questionnaires were filled in, committees were interviewed and a stunning report was prepared by the Transition Team, with recommendations that flowed from the voices of our congregation.

While this was happening, our choir was evolving, committees were being re-energized, and our congregation (both in-person and online) increased by 20%. This is pretty much unheard of in United Churches today, and I believe it demonstrates what we can do when we work together, embracing change, with faith in God and hope for our future.

The work isn't finished. The discernment process has brought us to the next phase in the life of our church. It is time to imagine where we go from here and what kind of ministerial team will help this congregation to continue on this path of growth and renewal.

*Continued on page 2*

ChurchPost Editor: Lynda Becker, [churchpost@rideaupark.ca](mailto:churchpost@rideaupark.ca)

### *Minister's Message (continued from page 1)*

As for me, I have been spending a lot of time listening to the congregation, reading the report, and trying to discern how my gifts and energies may best serve RPUC in the year to come. One thing I know for sure...I am not alone.

I want to thank you, as individuals and as a congregation, for all of the support and encouragement you have provided in the past year. Your letters, emails and kind words at the door have been appreciated more than you know. But even more than that...I am inspired by the faith-in-action I see in every committee, at every fundraiser, and in the day-to-day activities that fill this church throughout the week.

People often remark about the amount of energy I have on a Sunday morning, and I always say the same thing. I am really happy to be here, and I pick up on the energy in this place as soon as I walk through the doors on a Sunday morning.

We just completed a four-week series entitled "How Then Shall We Live?" It asks "Four simple questions that reveal the beauty and meaning of our lives." As we enter into the next phase of our ministry together, it occurs to me that these are great questions to ask of ourselves as a church. Who are we? What do we love? What is our gift to the family of the earth? As for the fourth question, "How shall we live, knowing we will die?" We do not know what the future holds...so we should make the most of every day...loving God with all our heart, mind, soul and strength...loving our neighbour as ourselves...and placing our trust in God, who holds tomorrow.

*Rev. Jim Baldwin*

*In a world where  
you can be anything,  
choose to be kind.*



### Nearly New Sale

**Friday, October 3, 6pm-8pm**  
**Saturday, October 4, 9am-11:30am**

Prepare for the cool days of fall and come to the Nearly New Sale of pre-loved, good quality fall and winter clothing for the whole family.

**Donating?** Please donate **only** gently used good quality seasonal clothing. **NO BOOKS!**

#### **Donation drop-off dates at the church:**

Thursday, October 2, 9am-4pm and 6pm-8pm; and Friday, October 3, 9am-12pm. As storage space is limited, please respect the drop-off dates.

For more information, contact [ucw@rideaupark.ca](mailto:ucw@rideaupark.ca) or visit [www.rideaupark.ca](http://www.rideaupark.ca).

## 2026 Fall Stewardship Campaign

We are pleased to announce that Laurie and Brian Hall have agreed to Co-Chair the 2026 Stewardship Campaign. We are grateful that they have come forward to help us with this important initiative. Laurie and Brian will address the congregation for Stewardship 2026 at the worship service on Sunday, October 5.

This year for the 2026 campaign we are continuing to work with the theme **"Together with Joy"**.

In addition to your time and talents, the campaign is seeking your ongoing financial support and pledges for: the Rideau Park Ministry and Programs Fund; the United Church of Canada Mission and Service Fund; and the Rideau Park Property Renewal Fund. A Time and Talents form will be included to record your volunteer interests and offerings of support.

### Key Campaign Dates

Friday, September 26	Stewardship material distributed by mail
Sunday, October 5	Stewardship Co-Chairs speak to the congregation
October 6-26	Congregation returns stewardship pledges
Monday, October 27	Follow-up for outstanding pledges

We are thankful for your generosity in the past and are hopeful for your support and participation in this year's campaign. It is wonderful how God smiles on us. We're looking forward to the campaign.

*Brian Hamilton, Stewardship Coordinator*



### Congregational Event: Transition Update

**Sunday September 14 at 10:30am**

After a shortened worship service, please join the RPUC Council and the Transition Team as we review the Transition Team Final Report. We will discuss the planned next steps for our congregation as we continue our journey towards permanent ministerial staffing at RPUC. Light refreshments will be served and childcare will be provided.

[Click here](#) to view the Transition Team Final Report.





## Orange Shirt Sunday at Rideau Park Sunday, September 28

On September 28, we invite you to wear an orange shirt to church to say that **Every Child Matters**. When shopping for shirts with the "Every Child Matters" logo, check to see that they are sourced from Indigenous designers and that the proceeds return to the Indigenous community.

This year in particular, we ask you to honour the children with a gift or special offering to the [Healing Fund](#), which supports initiatives for survivors of the residential school system and the ongoing intergenerational impact.

**On Tuesday, September 30, we invite you to join in the Remembering the Children: National Day for Truth and Reconciliation event on Parliament Hill.** This 90-minute program is a united effort of the National Centre for Truth and Reconciliation, the Algonquin Nation, APTN, and CBC/Radio-Canada. It begins at 3pm and all are welcome. It will also be broadcast live on APTN and on YouTube. For more information, visit the [United Church's webpage](#).

### Coffee Hour Needs Your Help

Every Sunday after the service, dozens of people arrive in Beecroft in search of caffeine or sugar or, more importantly, a visit with old friends and possibly new friends.

Thank you to all of you who have volunteered this year. You are very much appreciated and I hope that more people will join us. You are truly making a weekly highlight for some in our congregation. And if you know how to run the dishwasher in Beecroft, please don't hide your light under a bushel!

Sign-up sheets for September and October are on the bulletin board in Beecroft Hall. You can also contact me at 613-286-5414 or [nancymcp58@gmail.com](mailto:nancymcp58@gmail.com).

*Nancy McPherson*

*believe*

### Our Hearts Remember

We hold in our thoughts and prayers the families and loved ones of these Rideau Park friends who have passed away.



Gerri Scott	June 18
Renier Scholten	August 4
Don Harper	August 20
June Moreira	August 20

*I am the resurrection and the life.  
Those who believe in me, even though they die, will live, and everyone who lives and believes in me will never die.*

John 11:25-26

### Sunday School

Sunday School resumes September 21:  
**Primary** (grades 1-3) in the Kindergarten room;  
**Junior** (grades 4-6) in the Beecroft Balcony; and  
**Senior** (grades 7 and up) in the Parlour.  
Our **childcare** space is staffed every Sunday.

## Christmas Treasures Bazaar

Well, September has arrived and it is time to start sipping pumpkin spiced lattes, right? Wrong! It's time to start thinking about Christmas! Our Christmas Treasures Bazaar is officially less than two months away, on **Saturday, November 1 from 1pm-4pm**. There is lots to get ready for our biggest fundraiser of the year so we need all hands on deck to help out! Volunteer opportunities are plenty and there are lots of ways to sign up. There are sign-up sheets on the volunteer bulletin board



at the top of the stairs near the Sanctuary; information is also available on the website. Help is needed both leading up to the Bazaar and on the day of. Teens – remember, you can get those volunteer hours in by helping with the Bazaar!

Do you love those delicious little turkey pot pies sold at the Bazaar? The UCW needs your help preparing them! Are you available at any of the following times: Tuesday, September 23 (9:30am-12pm) or Thursday, September 25 (9-11am or 11am-

1pm)? Contact Sandra Graham Korjus at 613-523-6765 if you are able to help.

As well as making turkey pies, **Kitchen Capers** brings volunteers together to prepare a recipe to sell at the Bazaar. The first group will be preparing Shepherd's Pie on September 24 at 6:30pm; and more sessions will be held in October.

Don't forget we need treasures to sell at our Christmas Treasures Bazaar! Time to do some fall purging and round up all that stuff you don't need around the house anymore: gently used items – games, puzzles, toys, books, small sports equipment (but not snow sports), small kitchen appliances, kitchen gadgets, costume jewelry, linens, fine china, everyday



dishes, Christmas-themed decorations, dishes, towels, etc. Please store everything at home until the drop-off week. Get crafty and create some handicrafts. Gifted with a green thumb? House plants are always a big success at the Bazaar too! Maybe you are more of a baker or jam maker? We'll take any and all delicious creations. Start early on anything that freezes well – it's the pumpkin and apple season! Prepare **unbaked** frozen fruit pies (ideal for fall apples); prepare an extra pie at Thanksgiving and keep frozen at home and label with baking instructions. Boil up those jams,

jellies, pickles, relishes; it's the end of summer so now is the ideal time to preserve all of summer's bounty!

Finally, we will need help during drop-off week sorting these treasures and preparing everything for the tea room. We are happy to make use of your talents and we can find a place where you can be of help. Let's get the word out and make this our best Bazaar yet!

*Sarah Charron, Bazaar Communications*



## Social Action and Outreach Committee

The Social Action and Outreach Committee (SAOC) thanks all those who have donated so generously to our monthly collections of personal care items for community houses in Ottawa South. These community houses are in four Ottawa Housing low-income communities in our area: Blair Court, Banff Ledbury, Russell Heights and Confederation Court.

This past spring, while dropping off the donations, we wondered if they were really of use in these communities. However, when we arrived, the director of the community house told us that these items were the most appreciated donations they received. Residents simply cannot afford small luxuries like shampoo, shaving cream and even deodorant. Please keep your generous donations coming and put them in the green bin at the top of the Beecroft Hall stairs. Know that your kindness counts! In September we are collecting for Blair Court and in October for Banff Ledbury.

We also collect donations of nonperishable food for Heron Emergency Food Centre on the first Sunday of each month; monetary donations through [Canada Helps](#) are also greatly appreciated. They do not currently need egg cartons.

Heron Emergency Food Centre is holding its annual **Walkathon "Step Up and Step Out to Stop Hunger"** on Saturday, September 27 at 9am starting from St. Thomas the Apostle Church, 2345 Alta Vista Drive. You can pick up a sponsorship form in the office or by contacting Lynn Sherwood at [sherwood3914@rogers.com](mailto:sherwood3914@rogers.com). Information, including a QR code for online donations, is posted at Rideau Park and on the [HEFC website](#).



SAOC has invested in a hand-held sign for Rideau Park that states "All Are Welcome", "God Is Love" and "Rideau Park United Church" on a blue background similar to the background of the new digital sign in front of Rideau Park. The sign has been put to good use by our group at this year's ill-fated Capital Pride Parade. We hope it will be of use to other church groups that need some kind of public identification. The sign is stored on site at Rideau Park.

We invite everyone to look at our bulletin board at the top of the stairs near the Sanctuary. We are regularly posting information about social justice issues as well as events and general information. We have also provided information about local charities that accept donations of clothing, furniture, books and other items that you may no longer need, but which may be of value to others in our community. Many thanks to Sandra Weedmark who has taken on this responsibility.

The Social Action and Outreach Committee welcomes new members. We will be meeting on a regular basis to discuss and plan the many new projects that are being suggested. Stay tuned!

*Lynn Sherwood, Chair  
Social Action and Outreach Committee*

### Next ChurchPost Submission Deadline

Due: 5pm, Friday, November 7, 2025

Submissions to *ChurchPost* should be emailed to: [churchpost@rideaupark.ca](mailto:churchpost@rideaupark.ca)

Please include the name and phone number of the author(s).

## Music Activities at Rideau Park

Rideau Park has opportunities for choral singing, handbell and chimes choirs, drumming and even an annual Christmas pageant, for everyone: children, youth, adult and intergenerational. See also [www.rideaupark.ca/music](http://www.rideaupark.ca/music).



**Handbell Choirs: Touch of Brass** is an adult handbell choir that regularly plays in church and in the community. Practices are on Mondays at 7:15pm.

**La Bell Ensemble** is an adult handbell choir that provides music for weddings and offers its gifts to the wider community. Practices are held on Tuesdays at 7:30pm. **Ringin' Praise** is for adults who are interested in learning to play bells. Practices are on Tuesdays at 6:30pm. New members are welcome; email Gord Dewis at [handbells@pinetree.org](mailto:handbells@pinetree.org) for more information.

**Drums Alive!** is a weekly, multi-generational drop-in drum circle open to the community of Alta Vista. They meet every Thursday at 4:30pm and new members can join at any point.

**Choral Singing:** The Chancel Choir is an adult choir that enhances the worship experience during Sunday morning worship services. The choir is not auditioned and rehearses September-May on Thursdays at 7:30pm.

**Cherubs** are children from JK to Grade 3 who meet on Thursdays at 6pm. They learn secular and religious songs, basic note values and also use rhythm instruments.

**Joyful Noise** is a children's choir for students in grades 2+ who meet on Thursdays at 6:15pm to practice making music together as a group, while learning basic rhythm and note reading skills.

**MAD Fun!** or Music, Art and Drama Fun! Leading up to Christmas, the youth will prepare and present an annual Christmas pageant, with roles for all youth (from pre-school to graduate!).

**Chimes** is an energetic group for novice ringers in grades 3-6 and serves as an introduction to bell ringing and playing.

**Youth Bells** is a fun group of tween and teen bell ringers in grades 6+. No prior music experience is needed: we will teach you everything you need to know to ring!

If you have any questions or would like to be involved in any of our music activities, email Iain Macpherson, Music Ministry Coordinator, at [choirdirector@rideaupark.ca](mailto:choirdirector@rideaupark.ca).

## Property Renewal at Rideau Park – 2025 Fall Update

So far this year a number of key property projects have been completed including:

- in response to the March flooding that infiltrated the three Sunday School rooms, a backup sump pump was installed that can pump water directly outside should the need arise to prevent any future flooding;
- custom retrofitted the three back hallway staircase railings; prepped and painted the spindles and railings as well as the stairwell floors;

*Continued on page 8*

### *Property Renewal at Rideau Park – 2025 Fall Update (continued from page 7)*

- installed custom made aluminum trimmed glass storm windows on the five north side Sanctuary stained glass units and similar storm windows on the six upper Chancel side windows;
- power washed dirt and stains off the external stone surfaces, brickwork and cement paving;
- refinished the two oak entrance doors at the Cunningham entrance;
- acquired initial 50-liter dehumidifier for the lower Sunday School area;
- installed two panic bar devices at the front entrances to the Sanctuary; and
- committed \$10,000 to the Sanctuary Roof and Furnace Replacement Contingency, bringing it to \$50,000 in total.

This work has been funded by the Property Renewal Fund pledges and in-year givings. Your financial support and consideration are greatly appreciated and needed. Contributions can be made by e-transfer, through [CanadaHelps](https://CanadaHelps.com), PAR or using the multi-purpose envelopes in the Sanctuary pews.

*Brian Hamilton, Chair, Property Committee*

### **GPS – God’s Positioning System**

I am sure that you have all heard it jokingly said that, here in Ottawa there are two seasons – winter and construction. During the summer, we not only have myriad road closures and detours due to construction but we also have road closures due to special events that almost always impact downtown Ottawa and often Gatineau. And therein lay my problem.



As a lay preacher doing pulpit supply, I lead worship on both the Ottawa and Gatineau sides of the Ottawa River. For most of the year, this does not cause a problem as there are five bridges that cross over. Some of these churches are an hour away from my home so I use Google maps to help me reach my destination.

One of the nice things about Google maps is that it is updated with road closures and I use this information to provide me with a route to avoid them. Not being particularly familiar with the downtown part of Ottawa, I only use those roads to get to churches on the Gatineau side. I really depend on Google maps and GPS. However, sometimes, the special events do not get updated in Google maps and thus, one Sunday, I found myself in a bit of a pickle.

Given that I would drive more than an hour to reach this congregation and it was my first time leading worship there, I allowed myself plenty of extra time – just in case. All went well at the beginning. Google maps had laid out a route and there was no problem until...I reached downtown. Google maps had not been updated to reflect the road closures due to a special event. So there I was, following Google maps, being blocked by road closure after road closure that did not show up on my map, going round and round and getting later and later. At one point, I pulled the car over to the side of the road (still in downtown Ottawa) and had a little cry.

*Continued on page 8*

## *GPS – God’s Positioning System (continued from page 8)*

I was lost and I did not know how to get found. I knew there had to be at least one bridge that I could get to, but I just didn’t know which one. After checking a website to see where the special event impacted traffic, I found a route to another bridge and was on my way. What should have taken me 15 minutes had taken me more than 3/4 of an hour. But I made it to the church on time.

Oh, how I wish the story ended there! After the service, I ran into a similar problem coming from Gatineau to the Ottawa side. Significant traffic congestion combined with construction detours added to my delay. Because I did not have any commitments in the afternoon, I did not feel the same pressure as I did before the service. Still, what should have taken me 45 minutes, took me three hours. All in all, that one hour service took about six hours of my time.

GPS – Global Positioning System is very good at telling me where I am. But what I really need is help getting to my destination. Tools using GPS are only as good as the information they can access. For some reason, on that particular Sunday, the information I needed was missing.

GPS – God’s positioning system. Does it have the same problem? I would like to be able to say “no”. I would like to say that it always has the information that is needed. I would like to say that it always points me to the fastest route. I would like to say that I never get lost, never have to pull over and have a little cry. That’s what I would like to say. That’s what I had originally planned to say in this post. But it wouldn’t be true.

Sometimes I get carried around in circles, looking at different scripture translations and paraphrases trying to figure out what Jesus really meant; reading conflicting commentaries by people from different perspectives and backgrounds; being impacted by the events of the world; and trying to tie it all into the context of my life. Depending on what I am reading, I begin to wonder – am I really a Christian? A heretic? A pantheist? A panentheist? Or something else? Do I even need to worry about naming it? More often than just sometimes, I pull over and have a little cry.

“What!” you say, “just stop all of that. Just pray! Just listen to God!” Ha! If only it were that easy. It’s not as if God’s going to give me a phone call and tell me exactly where I am, where I should be going and how to get there!

I like things tied up with a neat little bow. So I’m looking for another meaning for “GPS” to give me guidance, to give me hope, to give me focus, to keep me going. Here’s what comes to mind right now:

- give people service/sustenance/supplies (helping others is core to Jesus’ message);
- get plenty of sleep (things are always harder when I am tired);
- go post something (on Substack, on Facebook...I always find it helpful when I try to share with others);
- go play songs (I love to sing); and
- gorgeous plant systems (nature is healing).

What is your GPS?

But that’s just what I think. What do you think?

*Sharon Sanderson*

faith  
HOPE  
love

## Nominations Committee Update

Welcome back to Rideau Park United Church! Our events, music, and committees are ready for another exciting year and the Nominations Committee is so glad you'll be a part of what is right around the corner!

Some of you may be wondering what committees we have, so have a look at the following:

**Council:** provides guidance and support for all the committees within our church.

**Pastoral Care:** fosters a "sense of church family" and of fellowship and belonging.

**Congregational Life:** maintains contact with all congregants who do not have email.



**Social Action and Outreach:** puts into action educational and advocacy initiatives that support social justice and other relevant issues in our church and community.

**Worship and Music:** along with the minister, co-ordinates the worship and musical ministry, and all related events.

**Christian Development:** provides spiritual and educational guidance and events for all ages; encourages a greater love for and service to God and others.

**Ministry and Personnel:** provides a confidential setting for consultation with, and support and assessment of, all staff members.

**Administration and Communications:** develops policy and provides support for an effective administrative system for the church; develops and facilitates communications and advertising to all church households and the broader community.

**Stewardship:** organizes an annual Stewardship Campaign to ensure financial donations and commitments of time and talent are available for our plans and needs.

**Property:** oversees the management of the church properties.

**Finance:** creates and adheres to a yearly budget; undertakes the recording and accounting of church financial transactions.

**Trustees:** oversees all church assets (both property and investment).

**Nominations Committee:** endeavours to ensure that all committees have a chair to support and guide them.

*Carolyn Scollick, Chair, Nominations Committee*



### Directory of Chairs

Council

Stephanie Bailey, Chair  
Ken Tong, Past Chair

[council@rideaupark.ca](mailto:council@rideaupark.ca)  
[pastchaircouncil@rideaupark.ca](mailto:pastchaircouncil@rideaupark.ca)

**Permanent Committee Representatives**

Stewardship  
EOORC Representatives  
Ministry & Personnel  
Trustees  
United Church Women

Vacant  
Alyce Dunnewold and Nancy McPherson  
Patricia Whitridge, Chair  
Michael Presley, Chair  
Nancy Begg-Durkee

[stewardship@rideaupark.ca](mailto:stewardship@rideaupark.ca)  
[mandp@rideaupark.ca](mailto:mandp@rideaupark.ca)  
[trustees@rideaupark.ca](mailto:trustees@rideaupark.ca)  
[ucw@rideaupark.ca](mailto:ucw@rideaupark.ca)

**Committees (Email addresses are on [RPUC website](#))**

PEOPLE

Congregational Life  
Nominations  
Pastoral Care

Drew Presley, Liaison  
Judy Paré, Chair  
Carolyn Scollick and Sarah Charron, Co-Chairs  
Brian Neal, Chair

PROGRAMS

Worship & Music  
Social Action & Outreach  
Christian Development

Steven Neal, Liaison  
Karen Lamb and Sharon Sanderson, Co-Chairs  
Lynn Sherwood, Chair  
Meg Steele, Chair

RESOURCES

Finance  
Property  
Administration & Comm.

Ron MacPherson, Liaison  
Anthony Kurz (Chair); Bob Roden (Treasurer)  
Brian Hamilton, Chair  
Kristie Marr, Chair



*The recent Welcome Lunch was a wonderful success.*



## Upcoming Events

Sunday, September 14, 10:30am-1pm	Congregational Event: Transition Update
Wednesday, September 17, 9:30am	Men's Breakfast at Hometown Sports Grill
Sunday, September 28	Orange Shirt Sunday
Tuesday, September 30	National Day for Truth and Reconciliation (office closed)
Thursday, October 2	Donation drop off for Nearly New Sale (9am-4pm, 6pm-8pm)
Friday, October 3, 9am-12pm	Donation drop off for Nearly New Sale
Friday, October 3, 6pm-8pm	Nearly New Sale
Saturday, October 4, 9am-11:30am	Nearly New Sale
Sunday, October 5, 4pm	Music Concert – Reflections on Day and Night
Monday, October 13	Thanksgiving Day (office closed)
Friday, October 17, 5:30pm-7:30pm	28 <sup>th</sup> Ottawa Scouts Pasta Dinner and Silent Auction
October 29-31	Donation drop off for Christmas Treasures Bazaar
Saturday, November 1, 1pm-4pm	Christmas Treasures Bazaar
Tuesday, November 11	Remembrance Day (office closed)
Wednesday, November 26 at 12pm	55+ Lunch
Sunday, November 30 at 11:15am	Advent Happening – Gingerbread Houses
Sunday, November 30 at 7pm	Christmas Handbell and Chancel Choir Concert
Sunday, December 14 at 10am	Children's Christmas Pageant
Sunday, December 14 at 7pm	Jazz Concert featuring Stan Clark Orchestra

## Weekly Events

Mondays at 1pm	Knitting Group
Mondays at 7:15pm	Touch of Brass Bell Choir Practice
Tuesdays at 9:15am	Fitness 50+
Tuesdays at 6:30pm	Ringin' Praise Bell Choir Practice
Tuesdays at 7:30pm	La Bell Ensemble Bell Choir Practice
Thursdays at 9am	Quilting Group
Thursdays at 9:15am	Fitness 50+
Thursdays at 10am	Meditation Online
Thursdays at 12:30pm	Healing Pathway (bi-weekly)
Thursdays at 1pm	Euchre Club
Thursdays at 4:30pm	Drums Alive
Thursdays at 6pm	Cherub Choir Practice
Thursdays at 6:15pm	Joyful Noise Children's Choir Practice
Thursdays at 7:30pm	Chancel Choir Practice
Saturdays at 10:45am	Tai-Chi Class
Sundays at 10am	Worship Service
Sundays at 10am	Sunday School

