

Sunday, April 8, 2018
Rideau Park United Church



Easter 2



Welcome to Rideau Park United Church. Please note: Audio loops are available from the ushers. Prayer requests for today's services can be noted on the lists at the entrances. Childcare for preschoolers is available in room B-12 (lower hallway). Quiet activity boxes are also available for children in the chapel each Sunday. ****Indicates where the congregation is invited to stand as able. After the service you are invited to join us for refreshments and conversation in Beecroft Hall.***

Sunday, April 8, 2018 Easter 2

We Come to God in Worship

Gathering Music:

Tobi Dumoulin

The Life and Work of the Church

***Call to Worship:** **"Come Now Is the Time to Worship"**

A Time for All God's Children: **"My Lighthouse"**
(Following the hymn, the children are invited to go to Sunday School)

Listening for the Word of God Through Music:

"Listening"

"Who Is My Mother"

"Home"

"I Will Change Your Name"

"Precious Lord"

Sharing at the Lord's Table

Offering

A Gift of Music:

“Don't Stop Believin'”
Grace Notes Teen Bells and Kaitlin Jourdeuil (vocals)

arr. Keith Burt

Communion Prayer

One: Christ is risen!

All: He is risen indeed!

One: Lift up your hearts.

All: We lift them to the Lord.

One: Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise.

Holy Mystery that is Wholly Love,
you are beyond complete knowledge,
above perfect description...

Sharing the Bread and Cup

Communion Music:

“Strength for the Journey”

Commissioning:

“Go Make a Difference”

Postlude:

Tobi Dumoulin

We acknowledge with respect the history, spirituality, and culture of the indigenous peoples of Canada, and their stewardship of the unceded Algonquin land where this church is built.

Reminder: Please note that the services at Rideau Park are live-streamed on our web site: www.rideaupark.ca *on Sunday mornings only*, and then they are posted mid-week under "Webcast Service Archives" for your enjoyment. Good to know if you're stuck at home due to illness, or bad weather, or out of town!

Rideau Park News

2203 Alta Vista Drive, Ottawa, ON K1H 7L9

(613) 733-3156 rideaupark.ca



Upcoming Worship Events

April 15	Pulpit Bible Dedication	10:00am
April 22	Seniors' Communion/Tea	10:00am
April 29	Volunteer Appreciation Sunday	10:00am

TODAY is Easter 2, Communion Sunday. At Rideau Park, it is tradition that communion services offer an opportunity for special donations to the Benevolent Fund. The Benevolent Fund is used to give assistance to people in crisis. Benevolent Fund envelopes are in the bulletins today.

Something new, Wednesdays, April 8 – May 16, 10:00-11:00 am – Come and join the staff for Wednesday morning Coffee Break: A time for conversation, community building and your favourite hot beverage (maybe even cookies!)

At the service on Sunday, April 15 at 10:00a.m. a new pulpit bible will be dedicated in memory of Bonney and Douglas Clark. Please join us.

The Rideau Park photo directories have arrived!!! *For those church members who came in for their photo with Al, a directory has your name attached to it.* Please see us after church, or email Marcia.gosse@sympatico.ca to arrange pick-up. Enjoy!

Sunday, April 15, 2018 – 11:45 a.m.-1:30 p.m. : Join Social Action/Outreach and Pastoral Care Committees for a lunch and learn program with Dr. Sharon Gubby Helfer on the "***Compassionate Listening Project***", a non-profit organization dedicated to empowering individuals and communities to transform conflict and strengthen cultures of peace. A hot lunch will be served. For additional information and to sign up for lunch, please see the poster on Social Action/Outreach bulletin board in the upper hall way.

The Spring Nearly New and Book Sale takes place Friday, April 20 from 6:00 p.m. to 8:30 p.m. and Saturday, April 21 from 9:00 a.m. to 11:30 a.m. in Beecroft Hall. Great deals on gently used clothing and footwear for the whole family. Also linens, fabric, jewelry and children's toys. Tremendous selection of books of all kinds. Visit the Ladies' Boutique for vintage and higher quality ladies' wear. Have your kids stop by the Princess Boutique for the latest in tiaras!

Can you help? Unit 2 is once again having their **Annual Used Book Sale** and would appreciate help with sorting on April 19 and 20. We will be sorting all day both days in preparation for the sale which is **Friday evening, April 20, and Saturday morning, April 21**. If you are able to help, please contact Judy Paré at 613-523-0098 or email her at judy2006@sympatico.ca. Thank you!

Fitness to Drive as We Age presentation by The Council on Aging Ottawa, on **Tuesday, April 17, 2:00 p.m.** at Rideau Park. Age can affect our functional abilities. The decline in faculties begins as early as our 50's, and continues gradually. It is important to understand the physical, perceptual and cognitive changes in order to correct them or know how to compensate. Maximize knowledge and settings of your car through such programs as "55 Alive" and "CarFit". Are you up to date in the rules of the road and are you aware of the process of license renewal at age 80? Know the system, and plan early for the day when you won't be able to drive.

Carleton Pause Table: We are on duty during the exam period this spring, proving food and cheer to students in a stressful time. If you can volunteer time or food for **Thursday April 19**, please see the sign up sheet on the Help Wanted bulletin board.

Special Seniors' Communion Service and Tea Party: The Pastoral Care Committee will host its annual Seniors' Communion Service on **April 22 at 3:00p.m.** People on our Pastoral Care List will be receiving written invitations with offer of transportation. However, we also extend the invitation to elderly seniors who are still active in our church community, but would like to take part in this service. The tea party, which follows, provides an opportunity for you to visit with old friends whom you no longer see at regular Sunday services.



Please join Unit 7 on an outing to Montreal on Thursday, April 26, 2018. Bus will leave Rideau Park at 7:30 a.m. /return at 7:30 p.m. Our first stop is St. Phillips Square where you can make your own way to any downtown attractions. We leave the Square at 2:00 p.m. and head to Fairview Pointe Claire Shopping Mall for some retail therapy and perhaps a late lunch/early dinner. Tickets - \$45.00 per person. Tickets will be sold during coffee hour and through the church office during the week.



Turkey Dinner: Friday, April 27: Celebrate spring by joining us for a Turkey Dinner with all the trimmings, followed by dessert, tea and coffee, **starting at 5:00 p.m. with a second sitting at 6:30 p.m.** All are welcome. Proceeds will go to the work of the church. For tickets, please call the office at 613-733-3156 ext. 229, or come to the church office (Monday-Friday 9:00am-4:00pm). Adults: \$20.00, Children ages 6-12: \$10.00, 5 and under: eat free.

Montreal and Ottawa Conferences – Travelling Road Show: Come! Discuss! And ask! A workshop directed at Treasurers, Trustees, Board/Council Chairs, Mission and Service, Stewardship and Outreach Committee. Clergy and Lay! **Saturday, April 14, 2018 at Knox-St. Paul's United Church, Cornwall, Ontario, at 8:45 a.m.-3:30 p.m.** If you have any questions or to register, please contact: Carolyn Ruda at carolynruda@gmail.com or 613-932-2415.

Healing Pathway Course: The Phase 1 Healing Pathway Course is being offered right here at Rideau Park, on **May 4 and 5, 2018**. Phase 1 is an introduction to the basic concepts of Christian-centred healing through prayer, meditation and the laying on of hands. It focuses on learning to be a healing presence and an instrument of God's healing power. The registration fee is \$210.00 (half price for people repeating it as a refresher). Financial assistance can be requested. Flyers are posted on the bulletin board. Speak to Steve Clifton, Sharon Sanderson, or Brian Neal, or email healingpathway@rideaupark.ca, for further details.

Gentle Yoga: Wednesdays, 5:30-6:30 p.m.- OR - Fridays, 9:00 a.m.- 10:00 a.m., is the Spring Session, which started March 21 (no problem joining now). Join one or both Gentle Yoga classes depending on your schedule. Certified Yoga instructor, Lynda Spalding, will lead beginner to advanced (male and female) students through a gentle therapeutic flow mat class. Fees are \$50.00 for 10 weeks (1 class per week) or \$100.00 (2 classes/week). Drop-in fee is \$8.00. For more information, please call Lynda at 613-422-3565.

Camp Awesome 2018 is coming! Our summer VBS is scheduled for the week **August 20-24 for children age 4 -12 years**. Camp Awesome runs each day from 10:00 a.m. to 3:00 p.m. Childcare is available before and after the daily program. Childcare, morning and/or afternoon, is not included in the registration, but paid separately through the church office. To register go to www.rideaupark.ca Click on the **Camp Awesome** link under the **Events Calendar** on the front page, and follow the links to the **Camp Awesome** registration page. Please note that registrations done on or before June 14 are \$75.00 per camper. After, they are \$85 per camper.

Occasional drivers needed. We would like to put together *a roster of people* willing to drive seniors to services or events on occasion. Some devoted church members who are no longer driving, would really appreciate the opportunity to attend when possible. For more information, or to add your name to the roster, please contact Georgina.

Peace of mind, lower blood pressure, greater calm in crisis, heightened mindfulness, greater intimacy with God... these are some benefits of meditation. Come join us for meditation from 9:10 a.m. to 9:30 a.m. on Sundays. Why not give meditation a try? If you would like to know more about meditation in the Christian tradition please visit: rideauparkspirituality.blogspot.ca or speak to Steve to learn more.

Activities Calendar: - April 8 – April 14		
Sunday:		
Meditation	9:10am	B-9
Easter 2 Service	10:00am	Beecroft
Monday:		
Cross-Stitching	9:30am	Parlour
Knitting	12:30pm	Beecroft
UCW Unit 10	1:00pm	Parlour
La Ringing Praise	6:30pm	Sanctuary
Touch of Brass	7:15pm	Sanctuary
Tuesday:		
Pie-making	8:30am	B. Kitchen
50+ Fitness	9:00am	Beecroft
UCW Unit 7	1:30pm	Parlour
La Bell Ensemble	7:00pm	Sanctuary
Wednesday:		
Pie-Making	8:30am	B. Kitchen
Come for Coffee!	9:30am	Parlour
Gentle Yoga	5:30pm	Beecroft
Stewards	7:30pm	Parlour
Thursday:		
50+ Fitness	9:00am	Beecroft
Quilting	9:30am	Parlour
Euchre	1:00pm	Parlour
Healing Pathway	1:00pm	B-9
HearSay	5:45pm	Beecroft
KinderPraise	6:15pm	B-9
Joyful Noise 2	6:45pm	B-12
Cherubs	6:15pm	B-13
Noteable Sound Chimes	6:15pm	Sanctuary
Joyful Noise 1	6:45pm	B-12
Grace Notes	6:45pm	Sanctuary
Chancel Choir	7:30pm	Sanctuary
Friday:		
Morning Yoga	9:00am	Brackenridge
Chair Yoga	10:30am	Brackenridge
Saturday:		

Coffee Hour Volunteer	
April 8	Wayne & Janet Bond Heather & Wayne Bond Jeff & Kim Allo & Family
April 15	Christy Harris Mary & Keith Harris Janet Buske-Wichser
April 22	Joann & Jon Roebuck & Family Karen Humphries & Rob Blake
Sunday Duty Officers	
April 8	Lorna McCrea
April 15	Janet Buske-Wichser
April 22	Beth Campbell-Keays
Counting Volunteers	
April 9	Mark Inman
April 16	John Scollick
April 23	Bob Roden
Main Office is open Monday to Friday, 9am-4pm	
Ministers' pager number: 613-786-4340	
Visit our website: rideaupark.ca	
Prayer Chain: Ext 227 or prayerchain@rideaupark.ca	

Church Staff: 613-733-3156			
Elizabeth Bryce - Minister	Mon-Thurs	ext. 224	ebryce@rideaupark.ca
Steve Clifton - Minister	Tues-Fri	ext. 225	sclifton@rideaupark.ca
Georgina Fitzgerald - Minister	Tues-Thurs	ext. 226	gfitzgerald@rideaupark.ca
Andrew Ager - Organist	Thurs-Fri	ext. 223	organist@rideaupark.ca
Iain Macpherson - Music Ministry Coordinator	Wed-Thurs	ext. 301	choirdirector@rideaupark.ca
Debi Brown - Administrator	Mon, Wed-Fri	ext. 228	administrator@rideaupark.ca
Debby Gerro - Administrative Assistant	Tues-Fri	ext. 229	adminassist@rideaupark.ca
Paul Sorg - Custodian	Mon, Wed-Fri	ext. 229	

