

Sunday, March 10, 2019- LENT 1

10:00 a.m.



Rideau Park United Church



Welcome to Rideau Park United Church. Please note: Audio loops are available from the ushers. Prayer requests for today's services can be noted on the lists at the entrances. Childcare for preschoolers is available in room B-12 (lower hallway). Quiet activity boxes are also available for children in the chapel each Sunday. ****Indicates where the congregation is invited to stand as able. After the service you are invited to join us for refreshments and conversation in Beecroft.***

Lent 1, Sunday, March 10, 2019

We Gather Together

Gathering Music:

In this season of Lent, we invite you to take time before worship to listen to the work of the Spirit within you with this prayer:

I ask of you, Compassionate God,
to remove anything which separates
me from you, and you from me.

Remove anything that stands in the way of my seeing you,
hearing, touching, experiencing and being mindful of you;
knowing, trusting, loving, and being conscious of your presence.

This is what I ask for myself
and earnestly desire from you. Amen.

Lighting of the Chancel Candles: Psalm 27:1 *-the Lord is my light and my salvation: whom shall I fear?*

***Call to Worship:**

One: Return to the Lord your God,

All: for God is gracious.

One: Confess to the Lord your God,

All: for God is merciful.

One: Repent to the Lord your God,

All: for God is slow to anger.

One: Praise the Lord your God,

All: for God abounds in steadfast love.

One: Worship the Lord your God.

All: Together, let us worship God!

***Hymn: 409 VU**

Morning Has Broken

Bunessan

(After this Hymn is sung, younger children can make their way out to childcare. They will be returning to the sanctuary later to share in communion.)

Prayer of Approach

We Listen for God's Word

Scripture Reading: Luke 4: 1-13

Lay Reader: Pat Whitridge

Anthem:

"There is a Green Hill Far Away"
Chancel Choir

B. Chilcott

Contemplative Video:

"40 Days"

Sermon:

Into the Wilderness

Steve Clifton

***Hymn: 37 MV**

Each Blade of Grass

Rhode Island

Our Response

The Life and Work of the Church

Offering

Offering Music

Soloist:

"When You Believe"

Carmen Harris

H. Zimmer

***Offering Response: 541 VU – Praise God from whom all blessings flow;**

Praise God all creatures high and low;

Give thanks to God in love made known:

Creator, Word and Spirit, One.

Presentation Hymn: 480 VU

Let us Break Bread Together

Let Us Break Bread

Prayer of Thanksgiving

ONE: When Jesus sat at table and enjoyed communion with the outcast, he proclaimed that God's care knows no bounds. We proclaim it again in witness: all are invited to share at God's table, and be nourished by the Bread of Life.

ALL: Can God spread a table in the wilderness?

ONE: Can God seat us side by side, overcoming our aloneness?

ALL: We gather in the faith that the table is already prepared.

ONE: We gather in the knowledge that the bread of life is ours to share. God be with you.

ALL: And also with you.

ONE: Lift up your hearts.

ALL: We lift them up to God.

ONE: God loving and holy, with this bread and this cup, we offer you our praise and our gratitude, because in Jesus Christ you have joined us forever. You reconcile heaven and earth, humanity and holiness, community and solitude. We remember Jesus' birth into our humanity, the grace of baptism and new life, his compassion for our suffering, your challenge for hard hearts, the weight of the cross and the promise of resurrection.

On the night before he died, it was Jesus who took a loaf of bread, gave you thanks, broke it and said "Take and eat; whenever you do this, remember me." Likewise, after all were fed, he took the cup, saying "This is the new covenant; remember me."

TWO: Loving God, creative Power, we seek your Spirit. Come to us and bless these gifts of bread and cup, that they may be for us the body and blood of Christ; the sign and seal of our unity in you, a household of your kingdom. As we eat and drink together, make us one with Christ, and one in Christ, a sign of your presence throughout Creation. We offer our thanksgiving to you through Christ Jesus, Redeemer and Peacemaker, forever and ever. Amen.

Breaking the Bread and Sharing the Cup

Jesus' Prayer

***Hymn: 115 VU**

Jesus, Tempted in the Desert

Beach Spring

*Commissioning and Benediction

Choral Amen

Postlude:

**Today our communion will be shared by intinction. Everyone is welcome to share in communion, which symbolizes the banquet of God's grace for all creation.*

Rideau Park United Church seeks to be a welcoming faith community, inclusive of all, including those of different economic, ethnic, racial and religious backgrounds, sexual orientations and gender identities. We have recently begun a study process with the goal of becoming an Affirming Ministry, as defined by the United Church of Canada.

Rideau Park News

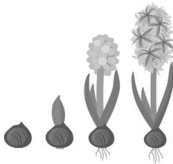
2203 Alta Vista Drive, Ottawa, ON K1H 7L9
(613) 733-3156 rideaupark.ca



Upcoming Worship Events

Mar 13	Lenten Evening Retreat	7:15pm
Mar 17	Healing Pathways Service	10:00am
Mar 20	Lenten Evening Retreat	7:15pm

“We eat simply so that others may simply eat.” With the celebration of **communion today**, we invite you to make a special donation to the Benevolent Fund. This is a discretionary fund used by the ministers to offer financial support to individuals and households in the congregation and community. Thanks to the congregation’s generosity, we have been able to subsidize fees for events and programs at the church, we have kept the utilities on in people’s homes, we have put food in children’s lunch bags. With your help, we can continue to respond to these emergencies, with compassion and care. Please use the Benevolent Fund envelope in this bulletin.



Vesey’s Spring Planting Flower Bulbs & Seeds: The Refugee Committee will be selling Vesey Spring bulbs and seeds **until noon Wednesday, April 17**, during coffee hour or through the church office. Proceeds will go to Rideau Park’s Refugee Fund.

March 14 is Pi Day (3.14) It is also PIE Day! What’s PIE? Public+Intentional+Explicit= PIE. These are the standards for a real and radical welcome for LGBTQIA2S+ people in our church. Draw the circle wide and join in! We will be sharing pie together in the Parlour at **6:30 p.m. on Thursday, March 14**. There is no cost. Just come and share pie and conversation. You may sign up on the help wanted bulletin board. Donations of pie for all to share are also welcome. For more information please speak to Rev. Steve.



Sunday March 17, 10:00 am service – Healing Pathways service. The service will celebrate and include healing prayer, in the tradition of the Healing Pathways ministry at RPUC.

Highly recommended: For anyone 50 years or older, you should think about contacting **FreeEmergencyContactCard.com**. Just fill out the form and they will send you a *plasticized emergency contact card you can carry in your wallet or purse*. Tell your friends about this free service.

Social Action Outreach Committee's Annual Movie Night will be held on **Tuesday, March 26 at 7:00 p.m.** The film that will be shown is **"Won't You Be My Neighbor?"** The film is about the guiding philosophy of Fred Rogers, Presbyterian minister, and children's advocate. From 1968 to 2001, Mr. Rogers kept little ones out of their parents' hair by offering a half hour program designed to counter the cartoon violence and frenetic pacing of other kids' shows on the air. The Film was nominated for numerous awards, including the Independent Spirit Award for Best Documentary Feature, and was chosen by Time magazine as one of its top ten films of 2018. "Won't You Be My Neighbor?" is the highest-grossing biographical documentary of all time.

Sunday, March 31, 10:00 a.m. service – RPUC Foundation Sunday, an opportunity to learn more about the work and mission of RPUC's Foundation Fund, and the impact it has had on both church and community.



Unit 7 will be holding their annual fund raiser **bake sale** during coffee-hour on **Sunday, April 7**. There will be lots of wonderful homemade baking to choose from. Mark the date on your calendar and plan on doing your Easter baking "shopping". We look forward to seeing everyone there! Please join us!

SPECIAL EVENTS FOR LENT

Wednesdays March 13, 20, 27, April 3, 10 and 17 at 7:15 p.m. – Lenten Evening Retreat series on Spiritual disciplines: from a unique UCC perspective.

Sunday, March 17, 11:30 a.m. – "Lunch and Learn": Following morning worship join us in the Parlour for lunch and a presentation about the work of the Heron Emergency Food Centre. *Heron Road Food Centre provides an emergency 3-day supply of food. But what does that mean?* Join us to learn what it means. Freewill offering, with proceeds going to the HEFC.

UCW Easter MEMORIALS: On Easter Sunday the Sanctuary is filled with flowers. All are placed there in remembrance of a loved one. Anyone may wish to place an Easter memorial in the sanctuary for Easter Sunday morning. Cheques should be made payable to *Rideau Park UCW*. The deadline to order is Sunday, April 7. **UCW Easter Flower DELIVERY** After Easter, the Pastoral Care team, members of the UCW and friends deliver all the flowers to over 80 members of our congregation. If you would like to order a memorial flower OR if you are able to help deliver flowers on Easter Sunday, please E-mail: Mabel Bannerman at jamban@sympatico.ca or Judy Paré at judy2006@sympatico.ca You may also call 613-731-5865 or 613-523-0098. Thank you.

We acknowledge, with respect the history, spirituality, and culture of the indigenous peoples of Canada, and their stewardship of unceded Algonquin land where this church is built.

At our Annual Congregational Meeting we decided to move forward with a new organizational structure. Now an implementation team will be working to put some final touches on the new model. We are looking for a few people to help in this important work. If you are interested please speak to Ken Tong.

The MBTI, based on Carl Jung's theory of psychological types, identifies differences between people that can be a source of misunderstanding. Knowing your type will help you understand your motivations, your natural strengths and where there are areas for personal growth. 4 workshops on Sundays, at Rideau Park United, **11:30 a.m. -12:45 p.m, April 7, 14, 28 and May 5. Cost: \$20.00. Call the church office (613-733-3156) by March 29 to register.** Let us know if you require child care. Proceeds will be going to the Refugee Fund.

Forty Items - Forty Days: Wednesday, March 6 is the first day of Lent, the time in the Christian year when we reflect on how to live more faithfully. In our consumer society, when we are pressured to buy more, one Christian alternative is *learning to live with less*. Each day of Lent, you are challenged to take a piece of gently used clothing out of your closet, or a book off your shelves, and place the clothing in a garbage bag (find a box for books!). After the Easter weekend, **bring them to Rideau Park on April 25** as donations for our **Nearly New and Book Sale, April 26-27**. Thank you!

Turkey Dinner: Friday, March 29: Celebrate spring by joining us for a Turkey Dinner with all the trimmings, followed by dessert, tea and coffee, **starting at 5:00 p.m. with a second sitting at 6:30 p.m.** All are welcome. Proceeds will go to the work of the church. For tickets, please call the office at 613-733-3156 ext. 229, or come to the church office (Monday-Friday 9:00 a.m. to 4:00pm). Adults: \$20.00, Children ages 6-12: \$10.00, 5 & under: eat free!



Camp Awesome! - August 19-23, 2019: Registration is now open through our website. Youth volunteers are also welcome. Counsellor applications are available too. For more information please speak to Steve.

Social Action and Outreach Committee **Lunch and Learn!** *Heron Road Food Centre provides an emergency 3-day supply of food. But what does that mean?* Join us on **Sunday, March 17, from 11:30 a.m. to 1:30 p.m.** for lunch to learn what it means, from Rideau Park's own Lynne Sherwood, Vice Chair of HEFC.

Activities Calendar: March 10 – March 16**Sunday**

Sunday Service/Communion	10:00am	Sanctuary
Coffee Time	11:15am	Parlour
Drumming	11:30am	B-13

Monday:

Ringing Praise	6:30pm	Sanctuary
Touch of Brass	7:15pm	Sanctuary

Tuesday:

50+ Fitness	9:00am	Beecroft
Unit 7	1:30pm	Parlour
La Bell Ensemble	7:15pm	Sanctuary

Wednesday:

Lenten Retreat	7:15pm	Parlour
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Thursday:

50+ Fitness	9:00pm	Beecroft
Quilting	9:30am	Parlour
Healing Pathway	12:30pm	B-9
Euchre	1:00pm	Parlour
Unit 2	1:00pm	Kitchen
Pie/PI Day!	6:00pm	Parlour
Chancel Choir	7:30pm	Sanctuary

Friday

Morning Yoga	9:00am	Parlour
Chair Yoga	10:30am	Parlour

Saturday

E-Waste Collection	9:00am	Back Parking Lot
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Coffee Hour Volunteers

Mar 10	Wayne & Janet Bond Carolyn and John Scollick
Mar 17	Gretchen Conrad & Mark Shulist, Merina, Devin & Rigel Pat & Gavin Currie

Sunday Duty Officers

Mar 10	Susan Klimowitz
Mar 17	Judy Paré
Mar 24	Sandra Graham

Counting Volunteers

Mar 11	Norm Edwards
Mar 18	Christel Kurz
Mar 25	Garry Lindberg

Regular Office hours: Monday to Friday, 9am-4pm**Visit our website: rideaupark.ca****Prayer Chain: ext. 227 / prayerchain@rideaupark.ca****Church Staff: 613-733-3156**

Elizabeth Bryce - Minister	Mon-Thurs	ext. 224	ebryce@rideaupark.ca
Steve Clifton - Minister	Tues-Fri	ext. 225	sclifton@rideaupark.ca
Georgina Fitzgerald - Minister	Tues-Thurs	ext. 226	gfitzgerald@rideaupark.ca
Andrew Ager - Organist	Thurs-Fri	ext. 223	organist@rideaupark.ca
Iain Macpherson - Music Ministry Coordinator	Wed-Thurs	ext. 301	choirdirector@rideaupark.ca
Debi Brown - Administrator	Mon, Wed-Fri	ext. 228	administrator@rideaupark.ca
Debby Gerro - Administrative Assistant	Tues-Fri	ext. 229	adminassist@rideaupark.ca
Paul Sorg - Custodian	Mon, Wed-Fri	ext. 229	