# CHURCHPOST RIDEAU PARK UNITED CHURCH



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# Minister's Message

ome few years ago while I was ous. Even in the Bible, technicolour teaching a junior high class one displays are rare. And if God did of the students asked me a pretty appear in our world even in a dragood question: "How come God matic way I wonder if we'd notice. doesn't show up in the world the way God used to... you know... in the Bible?"

fire. B. DeMille movie, like the 10 Com- we see every day. mandments: God comes in technicolour, in surround sound, with a thundering soundtrack and dazzling special effects. The young man in my class wanted to know why God doesn't make appearances like that anymore.

class wanted to know why God doesn't make an appearance now and again, the way it seems God does in Scripture. The truth is that God rarely makes a dramatic entrance even in the scripture story. Moses sees a burning bush and hears the voice of God, but it's not like every mountain in ancient Palestine featured a vocal and burning bush; there is only one event of that kind recorded in 6000 years of salvation history. Rarely is God obvi-

There are times in life when we wish that God was present and visible, clear as day, standing beside us. You know what he meant. How But most people do not have that come God doesn't burst into our kind of experience of God. Maybe everyday lives, here in early 21st rarely, someone sees a blinding century Canada, the way, for in- flash of light, hears an unmistakable stance, God appears to people in the voice from within. Maybe God is Bible, where the arrival of the Holy most often heard not in a shout but One is often accompanied by burn- in a whisper, or through a voice that ing bushes, trembling mountains, is not God's own. God is often peals of thunder, storms of light- found not in blinding light, but in descending the shadows of life. God is seen not clouds or angelic visitors. When in some dramatic vision, but subtly God appears in some scenes in the in the background, moving through Hebrew Scripture, it's like a Cecile and behind the people and places

Over the years I have gone on a number of weeklong silent retreats. Coming out of those retreats one is always reminded of how pumped up and loud our modern world is.... Visually noisy - with signs and posters and billboards filling our The student in my Sunday School eyes, images and lights and letters filling every space around us. And loud, with the sound of traffic, music and voices everywhere. Cell phones ringing and blackberries buzzing, calls and emails and text messages demanding our attention. We live in a world that is turned up to full volume all the time.

(See Minister's Message, page 2)

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### RIDEAU PARK UNITED CHURCH

10 a.m. Worship: 11 - 11:45 a.m. Coffee Hour: 10 a.m. **Sunday School:** 

#### **OUR HEARTS REMEMBER**

Charles Ernest Spicer

September 3, 2017

Ruth Marie Ebertz September 9, 2017

**Ross DeWitt Stairs** October 12, 2017

Milford Malcolm McDowell

September 29, 2017

I am the resurrection and the life. who believe in me, even though they die, will live, and everyone who lives and believes in me will never die.

John 11: 25, 26

# Minister's Message

(continued from page 1)

are never far from the blare of radio world? Come to the quiet of mid- Elizabeth Barrett Browning wrote: and TV, constantly bombarded with week Advent service. Contemplate Earth's crammed with heaven, sights and sounds. We are blinded the needs of those around us, the and numbed by all the noise and bus-needs of those far away, through yness around us. And the season of whom God may speak to you. Find Christmas is the most bright and some quiet time to watch snowflakes noisy, scheduled and overfull season fall, or to contemplate a candles Come Lord Jesus. Come. Amen of all.

weeks before Christmas. Maybe, if us in this life... we are to see the light that dawns As followers of Jesus, we believe first be silent.

And we are always connected. We see God's subtle intrusions into your in this infant something more... flickering flame. Pause to see and to That is why the Church in its wis- soak up the wonder that is there in dom has the season of Advent in the the simple gifts that God has given

among us in Christ we must first sit that God did "tear open the heavens for a while in darkness. If we are to and come down", one dark night, hear the songs of the angels we must long ago, in Bethlehem. God came to be with us in the person of Jesus, to If we are to see and hear "a God who speak with us, invite us, embrace us, moves in the shadows and speaks in showing us that God is not far away. whispers" we will have to stop our Yet, I expect that most people who busyness and look and listen. Con- saw the baby in a manger saw just

sider what could you do, or not do another poor child born into a dark for a while, in the Advent season, and cold world. But, some who were that might make you better able to listening, waiting and watching saw

And every common bush afire with

God.

But only he who sees takes off his shoes...

Steve Clifton

# Welcome to the WWW Service Webcast

lease note that the services at Rideau Park are live-streamed on our web site: www.rideaupark.ca on Sunday mornings only, but then they are posted mid-week

under "Webcast Service Archives" for your enjoyment.

WWW = WorldWide Web

### **Affirming Ministries**

ur church has begun the process to consider our becoming an Affirming Congregation, a church You are not being asked whether and complete welcome to all: all races, ages, ethnicities, cultures, sexual orientations and gender identities... Currently our Affirming Ministries group is making presentations at committees and groups in the congregation. The group members are: Alyce Dunnewold (Chair), Diane Because this is not about judging Keevil Harrold, Lorna McCrea, Marilou Reeve, Nadia Senyk, and Bob Nelson, with Elizabeth Bryce and Steve Clifton as pastoral support. Feel free to approach group members with questions or perspectives.

After attending an Affirm meeting in her own church this fall, a young woman, a member of the LGBTQ community, wrote a poetic reflection Whether your version of Christian that gets to the heart of what it means hospitality means welcoming everyto be an Affirming church.

You are not being asked to determine Everyone. the legitimacy of the gay transgender experience;

You are not being asked whether you "agree" with same-sex relationships;

Or whether you'd ever consider kissman/woman/genderqueer/ transgender/genderfluid/ agender/ kinky person (whichever scares you the most);

You are not being asked to understand that gender and sexuality are spectrums;

You are not being asked to debate whether gender dysphoria should be considered a mental health disorder;

You are not being asked to be fluent in the latest lingo (boi, transmasculine, poly, queer AF, etc.);

that is intentional in extending a wide your parents or the "church forefathers" would approve of same-sex marriage;

> You are not being asked to decipher the "right answer" to whether the Bible approves of gay or transgender people.

people.

It's not.

# You're not being asked to affirm our existence.

Instead, you are being asked - right now, today - whether YOU personally believe that ours is a God of love and acceptance;

one.

And really meaning it.

It's about taking into your heart Jesus' unconditional command to love your God with all your heart, with all your soul, with all your mind, and to love your neighbour as yourself.

It really is that simple.

The Affirming process helps a congregation truly see how wide is their circle of love and inclusion.

And my prayer for all of us is this: Spirit, lead us to a place where our love is without borders. Amen.

by Joy Cowan

UCC Intern and theological student

### **Old Fashion Roast Beef Dinner**

njoy An Old Fashion Roast Beef Dinner on Friday November 24<sup>th</sup> - two sittings at 5 p.m., or 6:30 p.m. After the roast beef dinner, treat

yourself to apple crisp for dessert. All are welcome. Proceeds will go to the work of the church. Tickets are \$18 for adults and \$10 for children ages 6-12 (children <6 eat free).

### **Worship Services** at Retirement Homes

ur Pastoral Care Minister, Georgina Fitzgerald, conducts services at many of the Retirement Homes on a rotational basis. If friends or family members would like to come to these services, they are more than welcome!

## Oakpark:

1:30 p.m., 1st Wednesday of the month.

#### Hunt Club Manor:

11 a.m., 1<sup>st</sup> Thursday of the month.

### Billings Lodge:

10:45 a.m., 2<sup>nd</sup> Tuesday of the month.

### Maplewood:

11 a.m., 3<sup>rd</sup> Tuesday of the month.

# Clementine Towers:

7 p.m., 3<sup>rd</sup> Thursday of the month.

### Perley-Rideau Veterans:

2 p.m., Sunday, every couple of months.

### Facebook Page

ideau Park has a Facebook group with more than 100 members. It's a place to post information and to share insights and inspirations. If you are on Facebook, you can look up "Rideau Park United Church" and join in!

### **UCW** is recycling

he UCW is recycling:

- Used eyeglasses for the Third World eye clinics,
- Used postage stamps for Oxfam,
- Campbell soup labels to help purchase school materials,
- Aluminum pop can tabs for Clifford Bowey Public School.
- Please **NO** plastic bread tabs.

All are gratefully accepted with thanks. For more info, call Lynda Coombe at 613-733-9982.

# **Reverend Charles Ernest** "Chuck" Spicer (1943-2017)

n September 8<sup>th</sup> family and friends gathered at Rideau Park United Church to celebrate the life of the Rev. Charles Ernest "Chuck" Spicer.

news of Chuck's passing was shared, wherever I went in Ottawa United Church circles, people remembered Chuck to me. At a telephone meeting of the Presbytery Executive for instance, when business concluded, we remembered Chuck together; many stories were shared and many connections were spoken of.... Chuck had touched many of us in his life and in his ministry.

Chuck was a friend to many of us in Ottawa Presbytery. He was a pastor, a colleague, a chaplain...Whenever he was remembered among us, it was with warmth and appreciation. Remembering Chuck brought smile with the memories because in life Chuck had that effect on people: his sense of humor, his kindness, his openness to those he met made him beloved among us.

Chuck spent most of his years in Ottawa Presbytery as Chaplain at the Royal Ottawa Hospital (ROH). The first time that I met Chuck was in that capacity. My brother-in-law, James, participated in some out-

Chuck coordinated. James admired that darkness makes progress in the Chuck for his kindness and his com- world is by convincing us that we passion. He spoke of him with grati- should not be vulnerable. We learn tude. For the patients of the ROH, to keep our brokenness, our struggles Chuck brought to them in his unique to ourselves. Nouwen wrote too that way, a sense that they were valued, the darkness recedes when we are an open heart, a listening ear and a able to share vulnerability. Then, in In the days before the service, as the ready smile. For those on the mar- shared weakness, we find strength in gins of society, the vulnerable or the one another. wounded Chuck was a balm of healing, an oasis of ready acceptance and warmth

> try team at Rideau Park from 2005 most welcome and unique gift. through 2008 and part of our faith community in his retirement

The people of Rideau Park loved he shared in life and ministry. Chuck. As Minister of Pastoral Care he was a devoted care giver, compassionate and attentive to our people when they were in a vulnerable time. As a colleague he was a gift. He asked great questions from his unique perspective. He was wise and For Chuck we say these words of ate.

Chuck Spicer had many gifts that made him a great pastor and friend. But one that I would lift up is Chuck's remarkable openness, his Shared by Rev. Steve Clifton, Ottawa courageous vulnerability.

patient groups at the ROH that Henri Nouwen wrote that the way

Chuck Spicer lived life and ministry with a most remarkable openness. He risked being vulnerable in such a Chuck served in a number of pasto- way that people could be open and ral charges in our Presbytery, at Em- vulnerable with him. For someone manuel, Rideau Park and Dominion who dedicated his life to people in Chalmers. He was part of our minis- vulnerable circumstances, his was a

> We are grateful for the life of Rev. Chuck Spicer and for the great gifts

> Chuck will be deeply missed by Karen Spicer, Allison and Paul Tomka, and his grandson, Jamison Tomka, as well as by many friends and colleagues.

insightful and he was funny. Always blessing: The Lord bless you, and and everywhere he was compassion- keep you: May the Lord make his face shine upon you, and be gracious unto vou: May the Lord lift up his countenance upon you, and give you peace. Now. And always. AMEN.

Presbytery, October 10, 2017

# **Carleton Exam** Pause Table

Te will be supplying volunteers and baked goods to the Pause Table in during Christmas exams. The date will be set soon. Sign-up sheets, for baked goods or for volunteering to help at the Table, will on be on the volunteer board at the end of November.

# **Advent Happening**

n Sunday, December 1<sup>st</sup> we will once again be making Gingerbread Houses as Advent Happening marks the beginning of the Advent Season. We will gather in Beecroft Hall immediately following the church service to begin construction of the houses. For more information speak to Tara Lockhart. Sign-up sheets will be available closer to the date.

# ENCARNA: An Advent Experience: Prayer Art Justice Multimedia Creativity

ncarna is an event for all ages. It is a worshipiful experience of the season of Advent. It is a walk through the "stations of Advent." It is an immersion in the spirit of the Christmas season. Encarna is in the sanctuary on the evening of Wednesday, December 13<sup>th</sup>. Encarna opens at 6:30 p.m. and will close 8:30 p.m. Come when you like. Stay for a few minutes or make it an evening. Come experience Encarna in this Holy season.

# Why Do People Come to Healing Pathway?

There is no single reason or health concern that brings people to Healing Pathway. In fact, there are many different reasons why people make an appointment to receive healing prayer at • a Healing Pathway session. Looking at • the big picture, you can say that they are all seeking some aspect of balance and • wholeness for physical, mental, emotional and spiritual well-being. Before we break that down a bit, and hear from a few of the people in our congregation who have experienced the benefits, we should quickly review the terminology.

**Healing Pathway:** a ministry started by the United Church of Canada in 1993. It • is grounded in strong ethics, a Christian tradition of energy-based (laying on of hands), and a formal training and development program for the practitioners, who are all volunteers.

Practitioner: Anyone who is trained within the Healing Pathway program to channel God's love and healing grace for the highest good of the person receiving.

**Receiver:** Anyone receiving the energybased healing and healing prayer that is offered by Healing Pathway practitioners. The terms "client" and "customer" are not applicable because Healing Pathway is not a business or health-care opens the door for whatever healing is practice; it is a ministry.

**Session**: A session is the time spent receiving energy-based healing through the Healing Pathway ministry. In a typical session, there are at least two practitioners who work with the receiver in a private setting over a 30-45 minute session. At Rideau Park, these sessions are offered by appointment on Thursday afternoons and some Sunday evenings. There are no fees. Shorter sessions are also offered during communion and occasionally after the Sunday service in a public setting in either the Sanctuary or the Chapel.

Now back to why people come to receive at a Healing Pathway session. Some of the many reasons why people come to receive healing prayer are:

- surgery or an illness,
- and an energy tune-up,
- pain.
- Comfort in times of stress,
- treatments,
- Balance and wholeness.
- transitions or when facing major decisions.
- To receive a blessing,
- That feeling of deep relaxation, peace and being emotionally and spiritually uplifted,
- Experience of having others be fully present and praying with them.

replace traditional medicine and health traditional medicine and health care by working at the energy level to expedite my own body. Two years ago, I had a the healing process and the natural abil- hip replacement and could not attend ity of the body to heal itself.

In summary, a Healing Pathway session facilitates the healing process through the power of prayer in combination with energy-based healing techniques applied research about this new, to me, resource by trained practitioners. Their intention is to be fully present with the receiver in God's unconditional love, and this needed. "For where two or three are gathered together in my name, there am I in the midst of them." - Matthew

congregation have to say about being treatment, I invited God to work through receiving healing prayer.

"In the last few years I have come to believe that prayer is effective for heal- After my treatments, I always felt very ing. When we pray, we move the energy that is in and through all things to help positive things were and would happen return things to their original perfection. I've been for Healing Pathway treatments and have felt the warmth and love which moves through my body. The er be sure, but practitioners have your best interests at then, for me, that heart and have a strong, faithful connection with God. I've been to the after- all about." church sessions, communion sessions,

To facilitate healing after injury, and the Thursday sessions, all of which have been a blessing to me. Please take To prepare for a surgery with prayer the time to experience this invaluable ministry. Don't forget that God will Relief from pain, especially chronic gladly come where God is invited." -Chris Inrig.

"I have attended Healing Pathways at To speed recovery from cancer Rideau Park on two Thursdays. As most of you know I am recovering from hip surgery and when I get really busy, my Spiritual support in times of life knees and hip bother me still. Not a lot, but just enough to be tiresome. Healing Pathways has helped me both times and I have left much better physically and spiritually. I feel calmer and ready to face the world again. Try it. Best 'physio' deal in town and it's FREE!!!" Heather Ingrams

"I have been attending Korean yoga classes for over four years. Energy work Exceptions: Healing Pathway does not is a major part of what we do in those classes and I have come to realize the care. Healing Pathway complements importance of that aspect and the fact that I play a major part in the energy of these classes during my rehabilitation after surgery. It was about this time that I learned our church was providing Healing Pathway sessions. I did some and liked what I learned. Not only was restorative energy work involved, but God played a major part in the process. God's grace and healing energy were transmitted though the healer to the patient. All the patient needed to do was relax, use his/her own mind to join with the healer's, and believe that positive healing could occur. For me, that meant To close, here is what some of our own I invited God to be present during my the hands of my healer/s, and I visualized what I wanted to occur in my body. calm, very relaxed, and confident that to me. My recovery process had positive outcomes. Was it because of these sessions? I can nev-

is what faith is Carolyn Scollick



# **LGBTQ IDENTITY:** NOT A CHOICE

ost of the world has much to ual. Transgender and Queer (LGBTQ) people whose sexual orientation or gender identity and gender expression may be different from the usual expectation of a heterosexual (straight) orientation and "cisgender" identity that is, with a gender identity and expression that conforms to their birth assigned gender. A new word has developed from the many discriminatory actions that the large segment of the LGBTO population faces: heterosexism, i.e. thinking that heterosexuality is better than being gay, and straight families are better than gay ones. Like racism, it is a discriminatory bias against people whose gender identity does not conform to what much of the (DSM). Gender Identity Disorder has world perceives as "normal." Too many continue to insist that anything except a sion of the DSM. straight male or female identity is perverted, a position that is effectively as nasty as the perception that African-American or Jewish people are somehow lesser beings. It is most likely that history will look back on this era of homophobia as being as horrible and nasty as were slavery and antisemitism.

The neuroscience of sex shows that gender identity and sexual orientation are not a choice. Children's gender identity is formed by the age of three when they may begin to exhibit a gender identity and expression that does not conform to their assigned sex. Studies and literature on this subject show how gender identity is on a spectrum-everything from not only their mental health but also cisgender male or female to transgender their access to appropriate mental health male or female, as well as people who identify as non-binary, gender-queer, gender non-conforming, intersex, and two-spirited, among Aboriginal people. The time at which gender identity is formed, quite apart from biological sex, is also in utero, where various genes and hormones begin to affect the fetus. which can receive a mix of hormones hitting in different proportions thereby showing the fluidity of gender, resulting in a gender identity spectrum. Gender expression, how a person demonstrates

who they are, is also very varied, as is reproductive or sexual anatomy that sexual attraction, which similarly, is on doesn't fit the typical definition of fea spectrum, including heterosexual, bi- male or male; some intersex conditions sexual, homosexual, asexual, and others, do not manifest until the onset of puber-This description is a vastly oversimpli- ty. We are now also learning about fied version of very complex facts, so transgender – the umbrella term that can further research on this subject is rec- be used to describe people whose genommended

There is much historical baggage remaining to this day in religion about these issues but some elements of society have fortunately changed. In 1973, the weight of empirical data, coupled with changing social norms and the development of a politically active gay community in the United States, led the Board of Directors of the American Psychiatric Association to remove homosexuality from the Diagnostic and Statistical Manual of Mental Disorders also been removed from the latest ver-

identities with mental illness and has, some years ago. therefore, historically contributed to the stigma and discrimination faced by people who identify as LGBTQ, affecting care. It has, however, addressed the need for psychiatrists to increase their understanding of the mental health needs of people who identify themselves as LGBTO. All major professional mental health organizations have since gone on record to affirm that homosexuality is not a mental disorder.1

learning about the complexities of lesser and pray fervently for the many known LGBTQ conditions. For example, "intersex" is the general term for a condition where a person is born with a

der expression is non-conforming and/or whose gender identity is different from their birth-assigned gender. These are very difficult conditions to address and to understand. One has to tread very carefully, in order not to invade the privacy of trans people, but at the same time, to obtain information and understand the condition. Some time ago, Rideau Park United Church, Carleton University and other venues around Ottawa, were presented with a play called Trans Script about a trans person who was in the process of transitioning from male to female gender. The many gender preferences were each illustrated by an actual person, including someone The Canadian Psychiatric Association assigned male at birth who has come out (CPA) has taken a strong position in as a trans woman. Once a person has advocating for decreasing stigma and transitioned to their identified gender, discrimination, albeit, mostly with a one refers to her by her preferred profocus on people with mental illness. nouns and name. In this play, there was While doing so, however, the CPA has an upset mother who summed up the recognized the ongoing stigma and dis- complexities by directing one question crimination in society based on sex, to her "son", now a trans woman: "Why race, sexual orientation and religion. can't you just be gay?' Today, it seems Unfortunately, psychiatry has a history that transphobia, despite more emerging of conflating lesbian, gay, bisexual, information about the trans identity, transgender and (or) queer (LGBTQ) may be as prevalent as homophobia was

And of course, it was only in 1967 that Pierre Trudeau, then Justice Minister, declared that the state had no business in the bedrooms of the nation, and the Criminal Code was amended in 1969 so that homosexuality was no longer illegal. Before that time, the treatment of LGBTQ people was horrendous---not to be forgotten, when we think of countries in which homosexuality is still illegal and punishable by execution. Given the pace of change, which sometimes comes with great difficulty, we should be Society generally is still far behind in grateful for our forward-leaning country

(See LGBTQ, page 7)

# **LGBTQ**

(continued from page 6)

oppressed LGBTQ people around the world. It is nobody's business if you are gay or straight, just be who you are and follow your heart. Apparently, school is the hardest to survive, so let us pray for the many people, young and old, who are trying to find the courage to be themselves.

Nadia A. Senyk/Oct.11/17

Revised with input from Professor Elaine Waddington Lamont, Carleton University, course: Neuroscience of Sex.

<sup>1</sup>Albina Veltman, MD, FRCPC, Gary Chaimowitz, MB, ChB, FRCPC, 2014 Mental Health Care for People Who Identify as Lesbian, Gav, Bisexual, Transgender, and (or) Queer, The Canadian Journal of Psychiatry, Vol.59. No.11

Check out the new LGBTQ books in the RPUC library, currently on the Sunday School counter:

# For Children (to be included in LGBTQ section, rather than with children's books)

- ♦ And Tango Makes 3 2 boy penguins who become a family
- Heather Has Two Mommies
- I am Jazz (I have a girl brain but a boy body. This is called transgender.)

Note: TransKids Purple Rainbow Foundation (TKPRF) enhances the lives of children born with Gender Dysphoria, something children can't control, so Society needs to embrace them.

### For Adults:

- ♦ A Guide to Gender The Social Justice Advocate's Handbook
- Pride Celebrating Diversity and Community
- Sober & Out Lesbian Gay Bisexual Transgender AA members share their experience, strength and hope.

### Other LGBTO books

There are also various older books in the LGBTO section put out by the United Church and others over the years.

#### **Christmas Cheer**

ur Annual Christmas Cheer Program will be starting on November 19<sup>th</sup>. Christmas Cheer what is that? It's Rideau Park's opportunity to share food items or gift vouchers with those in our church family and nearby community to ⇒ brighten up this Holy Season. We need YOUR HELP to provide these 75 food hampers and 75 gift vouchers. Our budget this year is \$15,000 and we know that, with your generous donation, we can be successful.

on the bulletin board on November 19<sup>th</sup> at the top of the stairs outside the Parlour. There are two main changes this year:

- number and email address if you have one
- ⇒ Drivers and their helpers will be trance. Please don't come earlier (or else wait in the parlour).

are:

- ⇒ organizing groceries perishables on Dec. 21<sup>st</sup> – you'll be phoned for a time - perishables on Dec. 22<sup>nd</sup> at 8 a.m.)
- setting out bags (1:30 till about Carolyn Scollick at 3 p.m. on Dec. 21<sup>st</sup>)

- ⇒ packing bags (10:30 till about 11:30 a.m. on Dec.  $22^{nd}$  – in grade 9 and higher - please don't come early)
- $\Rightarrow$  running the elevator (11:30 a.m. till about 2 p.m. on Dec. 22<sup>nd</sup>)
- moving hampers from the upper to the lower level (11:30 a.m. till about 2 p.m. on Dec. 22<sup>nd</sup>)
- load cars with hampers (12:30 till about 2:30 p.m. on Dec.  $22^{\text{nd}}$

Sign-up sheets for helping will be For each family receiving a hamper, we will also need a box to carry the heavier items. That's 75 boxes needed for the potatoes, milk, and a turkey. Please bring all boxes about the size that carry computer paper ⇒ Please include both a phone and put them on the stage after November 19<sup>th</sup>. Before that, they can be left outside the choir room door in the lower level.

asked to arrive at two different We have already met with both the time slots - either choose 12 Glebe Market and Wilson's Indenoon or 12:45 on December pendent Grocer to arrange for the 22<sup>nd</sup>. Hopefully this will allevi- purchasing of our food needs. What ate the congestion at the en- do we include in these hampers? Check out the pictorial display near the Parlour. It is our goal to help families eat more easily during Other ways you can provide help Christmas week. This program makes a huge difference in the lives of a great many people. Working together will help us reach all our goals.

> For further information, please 613-745-1798.



## **Shoeboxes Are Back**

ideau Park has had a request for 135 Christmas shoeboxes for the Banff-Ledbury Community House and Minwasshin Lodge. Both partners are thrilled to be included once again in this holiday initiative.

Shoeboxes will be available from Sunday, November 12<sup>th</sup> – Sunday, November 26<sup>th</sup>. Completed shoeboxes will be collected until Sunday, December 3<sup>rd</sup>.

### Fall Friendship Lunch

Join your friends for lunch in Beecroft Hall on Sunday, November 19th at 11:30 a.m. Chef Stephane Faulkner will prepare our Fall Friendship Lunch. Menu: Coq au Vin, mushroom rice pilaf and fruit crisp. Yum! Yum! Adults: \$10. Children 6-12: \$5. Children 5 and under: free. Takeout available. Pick up your ticket after church in Beecroft or from the church office during the week. Profit beyond expenses will go to the Refugee Fund.

# Is "IT" Up Your Alley?

Administration-Communications Committee is seeking an IT volunteer. We need someone with the following ideal experience:

- Trouble-shooting and fixing computer problems;
- Making recommendations for the purchase of new computers;
- Installing software and setting up new computers;
- Ensuring that all computers are backed up regularly;
- Supporting staff in resolving computer problems;
- Setting up and maintaining a wireless network for staff computers;
- Setting up and maintaining a wireless network (Wi-Fi) for public use;
- Must be familiar with computer networking, both wired and wireless networks and router configura-

Please contact Debi Brown or Nancy McPherson, if you are interested.



### **Photo Directory**

If you are interested in being part of the upcoming Rideau Park United Church pictorial directory, there will be two more sessions: Wednesday, November 15<sup>th</sup> and possibly Wednesday, November 22<sup>nd</sup> if there is enough interest

If you were unable to attend the photograph sessions, but wish to obtain a copy of the directory, please let us know by November  $22^{nd}$ 

For more information, to book your photo appointment or to obtain a copy of the directory, please contact Marcia Gosse - email: Marcia.gosse@sympatico.ca telephone: 613-731-2281.

### **Christmas Celebration Concert**

n Sunday, December 10<sup>th</sup> at 2 p.m., the Chancel Choir, Joyful Noise Children's Choir and A Touch of Brass Handbells will be featured in this Christmas Celebration Con-

cert. Eniov the Christmas music and carols.



# Dr. Tony Campolo

Rideau Park is blessed to have Dr. Tony Campolo speaking in our church on Saturday, November 18<sup>th</sup> at 7 p.m. in the sanctuary. Tony, who is the founder of the Red Letter Christian Movement, and an advocate for marriage equality and full LGBTQ inclusion, was spiritual advisor to President Clinton. He is the author of 35 books and is a tremendous speaker and story teller. Share the news! Bring a friend!

# **Ringing in Christmas**

Start your Christmas season with the handbells and chimes concert on Sunday, December 3<sup>rd</sup>, at 7 p.m. The annual concert features the five handbells and chimes choirs from Rideau Park: A Touch of Brass, Grace Notes, La Bell Ensemble, Note-Able Sound and Ring-

ing Praise, playing the popular and sacred music ofChristmas.





### **Scent-Free Space**

s a community of faith, it is important that all people who **\(\)**come here feel respected and safe – spiritually and physically. For the general population, exposure to scents is not typically a problem. However for some people with chemical sensitivity, asthma or allergies, exposure to perfumes and other scented products could be a health hazard, or life-threatening. Reactions may vary from breathing problems to migraine headaches, anxiety, inability to concentrate, nausea, fatigue, and/or skin irritation.

Our Worship and Music Committee is asking that No Scents = Quo Sense! we be sensitive to those among us who are scentsensitive. Please refrain from wearing cologne, aftershave and perfume in our worship space, that all may worship safely and comfortably. Thank you.



# **UPCOMING EVENTS**

		OPCOMING EVENTS	
November 2017			
12 (Sun)	11:15 a.m.	Pageant rehearsal	
12 (Sun)	2 p.m.	Fauré Requiem with the Chancel Choir	
15 (Wed)	10 a.m.	Video & Study series: Exodus	
		Dr. Tony Campolo - World Vision Canada speaker in the Sanctuary	
18 (Sat)	7 p.m.		
<b>19</b> (Sun)	11:15 a.m.	Pageant rehearsal	
	11:30 a.m.	Fall Friendship Luncheon: For tickets call the Church office	
	3 p.m.	Meditative Service	
<b>22</b> (Wed)	11 a.m.	Harmony Club: A monthly social gathering/lunch for 60+ seniors	
<b>24</b> (Fri)	5/6:30 p.m.	Roast Beef Dinner: For tickets call the Church office	
<b>26</b> (Sun)	11:15 a.m.	Pageant rehearsal	
<b>27</b> (Mon)	2 p.m.	UCW Candlelight service and annual general meeting	
<b>29</b> (Wed)	10 <sup>1</sup> a.m.	Video & Study series: Exodus	
· ´			
December 2017		* **	
<b>01</b> (Fri)	1 p.m.	Greening of the Sanctuary	
<b>03</b> (Sun)	10 a.m.	Advent I worship service with celebration of Communion	
	11:15 a.m.	Advent Happening (following the service): a time of gathering with the family	
	11.10 <b>w</b>	to create your own gingerbread house and share lunch	
	7 p.m.	"Ringing in Christmas" Handbells and Chimes Concert	
<b>06</b> (Wed)	11 a.m.	Harmony Club's Christmas Party	
oo (wca)			
10 (C)	7:15 p.m.	Advent evening retreat	
<b>10</b> (Sun)	10 a.m.	Advent II	
	11:15 a.m.	Pageant rehearsal	
40 (777 1)	2 p.m.	Christmas Celebration Concert: Choirs, handbells, brass	
<b>13</b> (Wed)	6:30 p.m.	Advent Encarna Event- Sanctuary	
<b>16</b> (Sat)	9:30 a.m.	Pageant rehearsal	
17 (Sun)	10 a.m.	Advent III - Children's Christmas Pageant	
<b>20</b> (Wed)	7:15 p.m.	Advent evening retreat	
<b>22</b> (Fri)	10 a.m.	Christmas Cheer hamper packing Christmas Eve	
, ,	12/12:45 p.m.		
<b>24</b> (Sun)	10 a.m.	Advent IV CANDLELIGHT	
( )		Christmas Eve Services	
	6:30 p.m.	Family service with the children's music groups participating	
	8:30 p.m.	Christmas reflections in readings and music	
	10:30 p.m.	Candlelight Communion Service	
<b>25</b> (Mon)	10.30 p.m.	Christmas Day Service	
25-29	10 a.m.	Church office closed for the holidays	
31 (Sun)	11 a.m.	Joint service at Riverside United Church, 3191 Riverside Dr.	
31 (Sull)	11 a.III.	Joint service at Kiverside United Church, 5191 Kiverside Dr.	
January 2018			
<b>01</b> (Mon)		New Year's Day - Church office closed	
<b>07</b> (Sun)	10 a.m.	Installation of UCW Executive	
. ,		Meditative Service	
14 (Sun)	3 p.m. 10 a.m.	"I Have A Dream" Service with Mohammed Jebara	
21 (Sun)			
<b>31</b> (Wed)	11 a.m.	Harmony Club: A monthly social gathering/lunch for 60+ seniors	
February 2018			
<b>08</b> (Thurs)	9:30 a.m.	Valentine Coffee Party	
	11:15 a.m.	Annual Congregational Meeting	
11 (Sun)			
13 (Tues)	5:30 p.m.	Shrove Tuesday Pancake Supper	
14 (Wed)	7:15 p.m.	Ash Wednesday service and Encarna	
18 (Sun)	3 p.m.	Meditative Service	
19 (Mon)	#16.00	Family Day (Church Office closed)	
<b>23</b> (Fri)	5/6:30 p.m.	Winter Dinner: For tickets call the Church office	
<b>28</b> (Wed)	11 a.m.	Harmony Club: A monthly social gathering/lunch for 60+ seniors	
March 2018	TTD C	W 11D CD	
<b>02</b> (Fri)	TBC	World Day of Prayer	
<b>21</b> (Wed)	11 a.m.	Harmony Club: A monthly social gathering/lunch for 60+ seniors	
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**Churchpost submissions** 

**Due: 12 Noon,** Sunday, February 11 **Pick-up:** Sunday, February 18

Submissions to Churchpost can be emailed to:

Marcia.Gosse@sympatico.ca and should include the name and phone number of the author(s).

Rideau Park United Church 2203 Alta Vista Drive Ottawa, ON, K1H 7L9