RPUC FALL **ONLINE MINI** BAZAAR 2021

MOST POPULAR TYPES?

squash.carrot. chicken.lentil. curried...



CALL LISA SADLER TO ARRANGE PICK UP OR DROPOFF, OR WITH ANY QUESTIONS. PICK UP OR DROP OFF ANYTIME BETWEEN SEPTEMBER 15 AND OCTOBER 15 613-523-9101

INSTRUCTIONS: USING A ZIPLOC FREEZER BAG, LABEL WITH SOUP TYPE, IF GLUTEN FREE AND/OR VEGAN.

pour 2 cups into bag, burp out extra air, seal and lay flat on cookie sheet to freeze - easier to lay flat and store that way!